

n. family club

NURSERY & PRESCHOOL

N Upminster



Your neighbourhood nursery

N Upminster stands proudly on the bustling St Mary's Lane, set in a former telephone exchange. Upminster tube station is a handy 8-minute walk away and there are multiple bus routes on the doorstep - making morning drop-offs a breeze!

Seven family rooms span across the nursery with restored period features and original sash windows flooding the spaces with natural light. Each family room is thoughtfully designed and equipped to host babies, toddlers, and preschoolers for N curriculum learning. The atelier – our specialised studio for art, cooking and baking – is where our wonderfully messy and enriching N extras come to life!

Outside, to the rear of the nursery, our enclosed, large garden is complete with a baby area, a messy play zone for mud kitchen and Forest School-inspired learning experiences, and plenty of free-play space for unleashing energy.

We're all about making things easier for our families, and the buggy, bike and scooter stores mean you can head off hands-free after drop-off. Even better, why not enjoy our welcoming N café – serving (much-needed!) coffee, tea, and snacks, meaning you'll be set up for the day in just the right way!

Want to find out more?
nfamilyclub.com | 020 3865 7402

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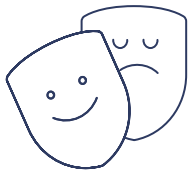
Rethinking early years education

Working with leading experts, we've created a progressive learning programme unique to N, and entirely bespoke to each child. Designed to inspire and prepare children to thrive in our busy and ever-changing world, our N curriculum focuses on four key areas:



Holistic health

Developing mind, body and a rich understanding of self and others through physical activities, emotional literacy experiences, mindfulness and yoga.



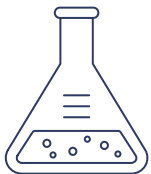
Self expression

Freedom and confidence to unleash inner creativity through words, movement, music, books and art.



Global responsibility

Building a deep connection to the surrounding world through regular trips, along with an appreciation for culture, community, diversity and sustainability.



Inventive ideas

Delighting in the scientific and mathematical structures that support everyday life in everything from technology to cooking – and the mysteries yet to be solved.

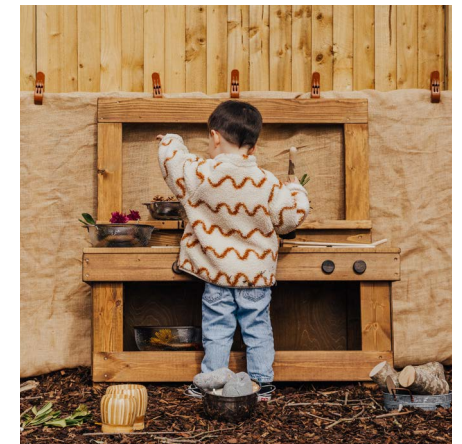


Outdoor learning and Forest School

Our imaginatively designed garden comes complete with plenty of space for playing outdoor games. Regular Forest School-inspired sessions (where children build dens, explore bug hotels and cook outside) and local community trips also form an important part of our core programme.

N Extras

In addition to our core curriculum pillars, all children have access to our N Extras, which are explored weekly in small groups. These extras are covered in our all-inclusive fees and include Spanish, cooking & baking, yoga, and Doodle Dance. We also give all children the N Passport - our programme of cultural experiences.



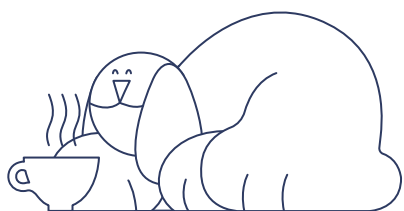
Passionate about education

Development is fundamental to our team culture and we support our educators to pursue further training and development through our N Academy. We believe this ensures the best learning environment for your children.

Nursery for the whole family

Choosing a nursery is a big decision. As well as being the foundation of your child's education, it's a new community of friends and – for many families – a new balancing act between work and parenting. At N, we go beyond for our families – giving them support, advice and a much-needed helping hand with their daily routine.

N café

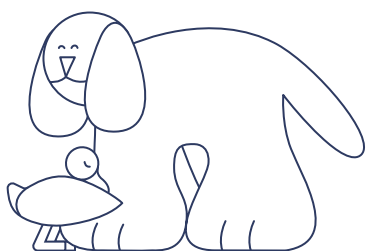


Haven't found time to feed yourself in the drop-off rush? Look no further than our dedicated N café which serves coffee and snacks, all day. It's also a great place to meet other parents, and find out about the latest happenings at N.



Flexibility

Subject to availability, we offer a flexible pay-as-you-go hour at either end of the day (7-8am, 6-7pm), making it easier for you to balance drop-offs and pick-ups with a busy schedule.



N App

Wondering what educational activity your child is getting stuck into today? Our handy N App gives you peace of mind with daily posts and pictures, as well as information about how they're eating and sleeping.

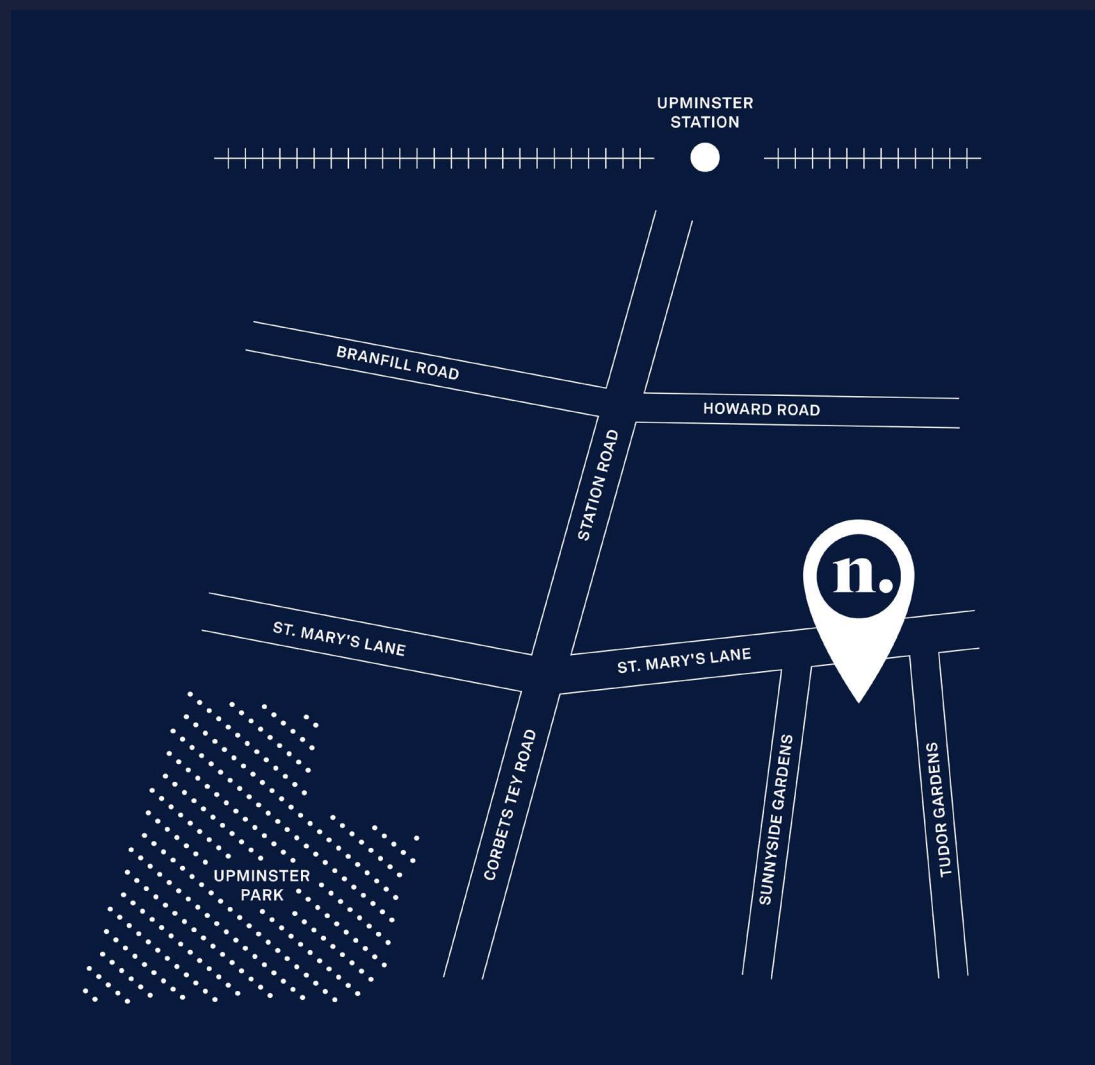
Family Club and The Family Hub

We're passionate about what we do, which is why we want to support our families with all of the many joys and challenges that parenting brings.

- Our Family Club hosts a monthly programme of expert-led online talks exploring key child developmental milestones, as well as in-nursery seasonal events and experiences.
- We've also created The Family Hub: an online platform packed with advice for the Early Years, child-approved recipes and activities recommended by our educators to try at home.

To find out more, visit: nfamilyclub.com/the-family-hub





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