

n.
family
club

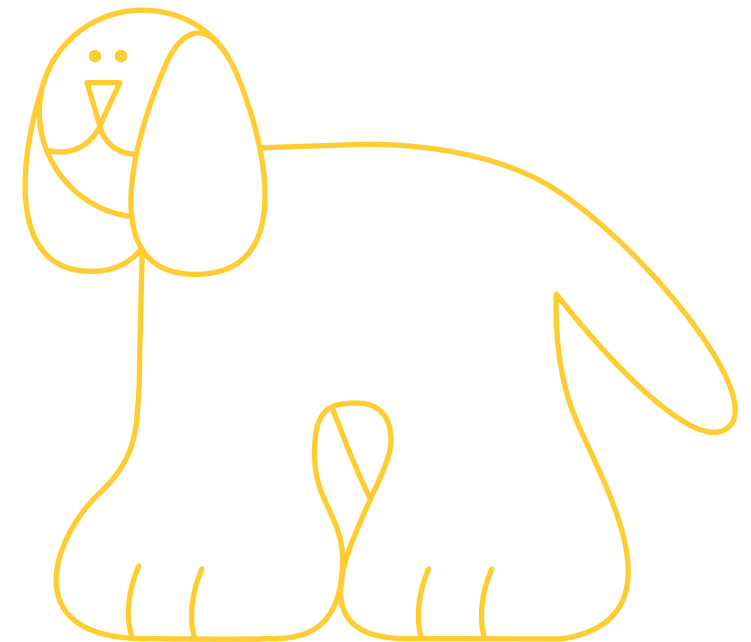
NURSERY & PRESCHOOL

Welcome to the family



Raising a child is a balancing act. Too many parents have to compromise between work and life, wellbeing and responsibilities, their child's development and their own. We created N with the whole family in mind. Everything we do puts you and your child first.

We couldn't be more excited about our N Family Club, located in a beautiful listed building with a huge garden, right here in Hackney Downs. Discover a space to meet, relax, learn and grow, with a nursery, dedicated parents' coffee and breakfast bar, garden and a programme of events for the whole family.





The garden

Rethinking early years education.

We're committed to offering you a nursery experience like no other; and with N Hackney Downs, we really have gone all out. A sensitive restoration of a period building, our space is filled with character while equally purpose-built to support every element of our early years curriculum. Large playrooms, and a dedicated art studio/children's kitchen, are filled with natural light. While outside, the enormous 8,000 sq ft garden is packed full of features including an adventure playground, race track, water play area, allotment and teepee camp.

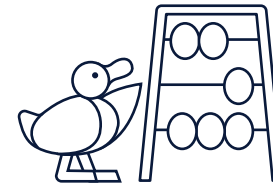
All nursery meals are cooked fresh on-site and have been designed with the help of Laura Matthews – formerly Head of Nutrition at Jamie Oliver. For parents, we have a dedicated front-of-house team and a breakfast bar.

Want to find out more?
www.nfamilyclub.com | 020 3865 7402



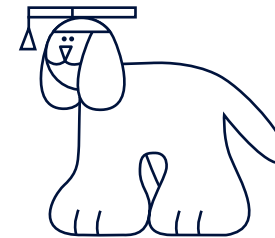
Nursery room

A unique learning experience



Working with leading experts, we've created a progressive learning programme unique to N, and entirely bespoke to each child. Designed to inspire and prepare children to thrive in our busy and ever-changing world, it includes subjects such as yoga, Spanish, cookery, science, art, and global citizenship.

Passionate about education



Development is fundamental to our team culture and we support our educators to pursue further early years studies through our in-house training scheme, The N Academy. We believe this ensures the best learning environment for your children.

Outdoor learning & Forest School



Our imaginatively designed garden comes complete with a water play area, a gardening zone, climbing frame and plenty of space for playing outdoor games. Regular Forest School-inspired sessions (where children build dens, explore bug hotels and cook outside) and local community trips also form an important part of our core programme.

The N curriculum

What do children learn at N?

Our goal is to ensure that every child reaches their full potential. Each child's needs and interests are different, so we've developed a progressive curriculum that focuses on four key areas:

Holistic health



Developing mind, body and a rich understanding of self and others through physical activities, emotional literacy experiences, mindfulness and yoga.

Self expression



Freedom and confidence to unleash inner creativity through words, movement, music, books and art.

Global responsibility



Building a deep connection to the surrounding world through regular trips, along with an appreciation for culture, community, diversity and sustainability.

Inventive ideas



Delighting in the scientific and mathematical structures that support everyday life in everything from technology to cooking – and the mysteries yet to be solved.

Babies



Your baby will begin to explore his or her surroundings through sensory play, physical activities and lots of time outdoors. Their days will be rich with language, storytime and singing, as well as learning key independence skills.

At this age of high energy, our curriculum focuses on supporting the children to express themselves, build their independence and develop friendships. We introduce them to yoga, Makaton signing, cooking and art.

Toddlers



Preschoolers



As our children start their preschool years, our N curriculum is designed to ensure they are ready for the big move into primary school. We'll focus on widening their vocabulary, reading readiness and development of mathematical thinking, as well as their understanding of the world around them through our Forest School sessions and regular trips within their local community.

the family club

Clay club



Art studio



The N day

Children are able to freely play with our many resources including our art studio, dress-up stations and the N library.



Child-led play

Every day our educators will lead a small group or individual sessions covering a wide range of topics, including yoga and cooking.



Educator-led learning

Our nursery rooms are designed to convert into cosy sleeping spaces, while children who no longer require a sleep can still relax in our designed 'hygge' corners.



Sleep and rest

Drop off



We recognise that mornings can be a challenge, and we're committed to doing everything we can to ensure a positive and warm start to the day.

Mealtimes



All N meals are prepared from scratch by our in-house chefs. We have two family mealtimes where the children eat as a group with their key educators.

Outdoor learning



Our gardens provide the perfect backdrop for physical activities such as climbing, ball games and obstacle courses, as well as Forest School-inspired learning, planting and water play.

Pick up



At home time, parents are encouraged to come in and chat with the educators and hear all about their child's day and accomplishments.

Nursery, for the whole family.

Choosing a nursery is a big decision. As well as being the foundation of your child's education, it's a new community of friends and – for many families – a new balancing act between work and parenting.

At N, we've designed a nursery experience with the whole family in mind, and a service that puts you first. As well as the best seasonal parties and a programme of parenting talks with leading experts, we've created The Family Hub: an online platform packed with advice for the early years, child-approved recipes and activities recommended by our educators to try at home.

To find out more, visit:
nfamilyclub.com/the-family-hub



Parents' area

A little helping hand



We offer a flexible pay-as-you-go hour at either end of the day (7-8am, 6-7pm), making it easier for you to balance drop-offs and pick-ups with a busy schedule. There's also a dedicated parents' area with free coffee and breakfast, magazines and WiFi.

Family Club events & talks



We love running events for our N families to spend quality time together. Our seasonal parties, held at the nurseries, include our annual Spooky disco, Christmas grotto and Sports day. Our monthly programme of parenting talks has included best-selling parenting author Sarah Ockwell-Smith and chef and food writer, Melissa Hemsley.

The Family Hub



We're passionate about what we do, which is why we've launched The Family Hub: an online platform filled with everything we love and know about the early years. Covering all our age groups from baby to toddler to preschool, this is where you'll find advice on nutrition, sleep and potty training, as well as ideas on what to feed fussy eaters and what to do at home on a rainy Sunday.

